



Implementation of Enhanced Recovery After Surgery (ERAS®) Guidelines in Gynecologic/Oncology: a Pragmatic Checklist for Program Initiation

- Engage your colleagues and team members** across the continuum of care. This can be done by giving talks at appropriate educational and working rounds, involving multiple team members in the development of implementation tools, and offering educational modules and training sessions.
- Engage the hospital administration; data is available on the cost-effectiveness of ERAS® programs which can be an incentive to invest in overtime fees for training, compliance monitoring systems, etc. (relevant documents available at <https://g-o-c.org/resources/clinicians/eras/>).
- Select ERAS® champions** among different disciplines: gynecologic oncology, gynecology, anesthesia, nursing, physiotherapy, nutrition.
- Work as a team to **develop your ERAS® protocol and define an implementation timeline** and go-live deadline.
- Develop or adjust existing perioperative orders sets** that comply with ERAS® standards. These will need to be available at the go-live implementation launch date.
- Ensure that your collaboration encourages a **multidisciplinary approach to patient care** along its continuum by involving anesthetists, clerks, trainees, nurses, auxiliaries, pharmacists, physiotherapists, nutritionists, and the other allied health professionals.
- With your collaborators, **develop tailored training sessions for health care professionals** across the continuum of care: administrative staff, clinic nursing teams, preoperative and admissions, OR and PACU, and postoperative care; and encourage their feedback (relevant documents available at <https://g-o-c.org/resources/clinicians/eras/>).
- With your collaborators, **develop educational material for patients** and their caregivers, and provide adequate preoperative information. Examples include preoperative information pamphlets, webinars, caregiver education and device-based apps (relevant documents available at <https://g-o-c.org/resources/clinicians/eras/>).
- Ensure that a system is put in place to **measure compliance and provide feedback** to the care providers on patient outcomes on a regular basis. Identify 10-15 easily measurable and collectable deliverables for monitoring implementation and outcomes of the program.
- Be aware that your program will require adjustments with time: like all knowledge translation, **this is an iterative process**, and you will build on the initial program backbone as guidelines evolve.
- Stay up-to-date with the literature and get involved with the ERAS® community.** Updates will be available at <https://g-o-c.org/resources/clinicians/eras/>.